

From temporary protection to independent living



START



Temporary protection and personal identification code

To gain access to education, social benefits, and the labour market, apply for temporary protection and an Estonian personal identification code.

You can get temporary protection and a personal identification code at the reception centre or from the service offices of the **Police and Border Guard Board**.

Bring an identity document.



Bank account

Before you apply for benefits and allowances, open an Estonian bank account.

To open a bank account, go to the **nearest bank**.

Bring your identity document and the decision on temporary protection.

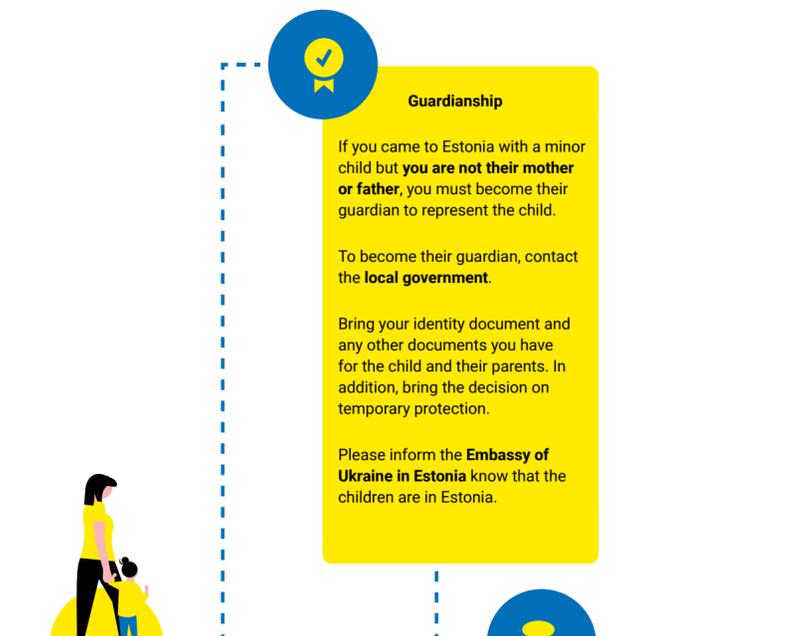


General health examination

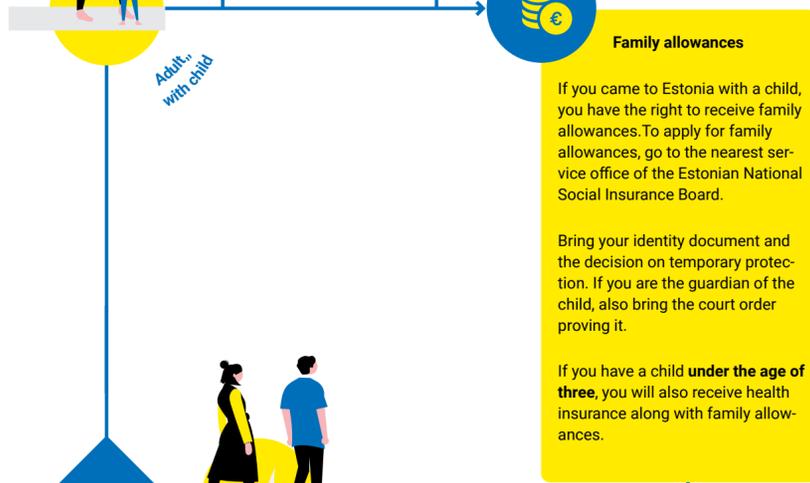
The purpose of the general health examination is to obtain an overview of the state of health of the war refugees to ensure the same high-quality and solidarity-based medical care for them as is available for all other residents of Estonia.

Based on the medical history, it is also possible to determine the degree of disability of a disabled war refugee or refer a person to a family doctor/medical specialist for an additional appointment to determine the degree of disability.

War refugees are referred to general health examinations at the **reception centres** but they can also book an examination independently. Read more from the website of the Estonian Health Insurance Fund haigekassa.ee/en



Adult with child



Adult



Born before 1958, i.e. a pensioner in Estonia

